Kelso Disc Golf

Play counts from the last 2 years

Stats from October 8, 2023 to October 8, 2024

Play count
1,374

Unique players
497

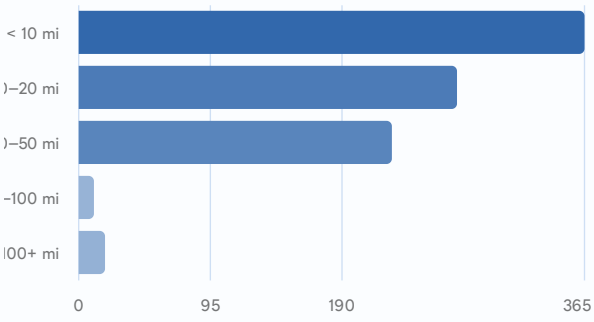
Recreation hours
2,542

Miles walked
2,730

Steps taken
6,151,189

Calories burned *
690,090

Where players are coming from



US states (8)
IL, IN, MI, MN, NY, NC, TX, VA

Canadian provinces (4)
British Columbia, Nova Scotia, Ontario, Prince Edward Island

Countries (3)
Canada, Germany, United States

More about disc golf

There are **16,085** public courses available on UDisc as of September 26, 2024.
There are disc golf courses in 87 countries.

In 2023 on UDisc:
21.9 million rounds of disc golf were scored.
1.4 million disc golfers used the app.
42.4 million recreation hours were spent on the course.

Stats and information powered by UDisc

What is disc golf?

Disc golf is similar to traditional golf, with players throwing discs at metal baskets instead of hitting balls into holes. This lifetime activity offers a low-cost, environmentally friendly form of recreation that is accessible to all ages and skill levels.

What is UDisc?

UDisc is the leading disc golf app on both Apple and Android devices. Players can find courses, get a map of the course, keep score, track their rounds, find events and much more.

Where does this data come from?

Everything on this sheet is collected from players that choose to track their disc golf rounds with UDisc. While there are many disc golfers worldwide, the number of players who use UDisc varies by region, so comparing these statistics against local survey data is the best way to extrapolate their findings.

Play counts

Casual rounds, league rounds, and tournament rounds are all included as long as they were tracked with UDisc. Each point on the chart represents the total plays over the previous 28 days.

* Calorie calculation is based off an average adult weight of 150lbs.

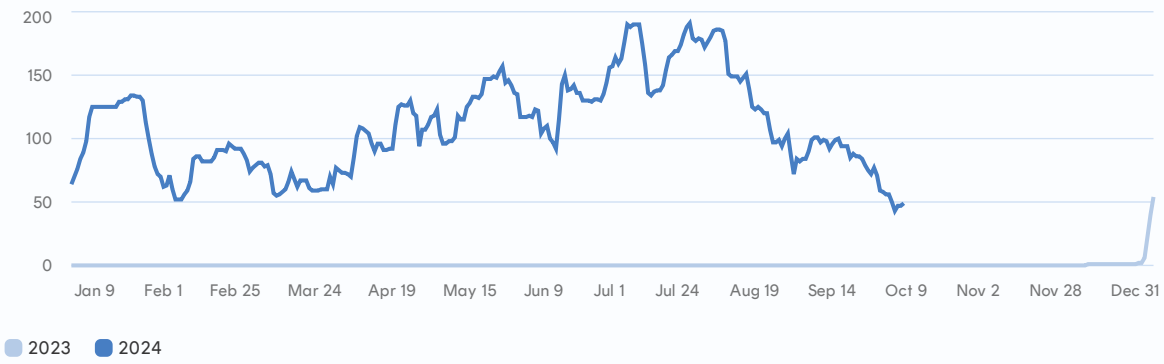
Calories burned = MET (3.8) x 3.5 x Weight (68.0389kg) / 200 x hours spent x 60

Herrmann, S.D., et al. (2024). *Journal of Sport and Health Science*, 13(1), 6-12.

Kaminski, J. (n.d.). NASM. blog.nasm.org/metabolic-equivalents-for-weight-loss

The Albion Birdie Course

Play counts from the last 2 years



Stats from October 8, 2023 to October 8, 2024

Play count
1,138

Unique players
384

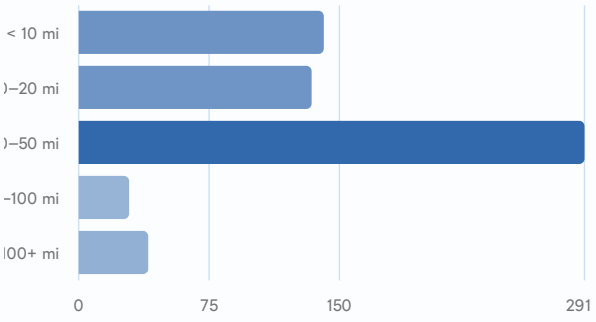
Recreation hours
691

Miles walked
677

Steps taken
1,526,322

Calories burned *
187,589

Where players are coming from



US states (5)
AZ, CA, MA, NY, TX

Canadian provinces (5)
Alberta, British Columbia, Nova Scotia, Ontario, Prince Edward Island

Countries (3)
Canada, Germany, United States

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The Albion Albatross Course

Play counts from the last 2 years

Stats from October 8, 2023 to October 8, 2024

Play count
2,741

Unique players
938

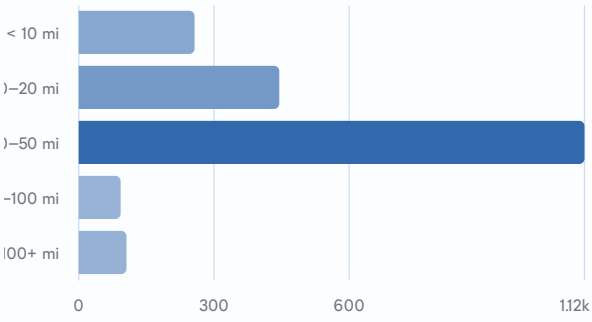
Recreation hours
6,517

Miles walked
6,956

Steps taken
15,673,509

Calories burned *
1,769,204

Where players are coming from



US states (14)
AZ, CA, FL, GA, KY, MA, NY, NC, OH, PA, TX, VA, WA, WI

Canadian provinces (7)
Alberta, British Columbia, Newfoundland and Labrador, Nova Scotia, Ontario, Prince Edward Island, Québec

Countries (5)
Canada, Germany, New Zealand, Norway, United States

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